

Daily Fresh Fruits and Vegetables !!

Menu plan from March 2nd till March 27th

Fresh Cooking on site !!



VielfaltMenü

Menu/Day	Monday	Tuesday	Wednesday	Thursday	Friday
Week from March 2nd till March 6th					
A Kids Favourite Meal	Hot Dog with French fries and Cucumber (G, aw, uw, 2, 3, 15)	Stewed Chicken with Basmati rice and mixed Vegetables (G)	Pasta "Napoli" with Tomato sauce and Cheese (V, aw, uw, am)	Mini Meat balls of Beef with Rice and mixed Vegetables (R, aw, uw, ae, bm)	Fish fingers with mashed Potatoes and Peas (F, aw, uw, am, af)
B Around the world	Mini-Spring roll with mediterranean Couscous (V, 2, aw, uw, ae, ay)	Hach browns topped with Tomato and Mozzarella (V, am)	Roast pork with potato dumplings and red cabbage (S)	vegetarian Canneloni with Spinach topped with Cheese (V, aw, uw, gb, am)	"Chana" Chick Peas with Tomatoes and Basmati rice (V)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season
Week from March 9th till March 13th					
A Kids Favourite Meal	Fried Sausage of Poultry with French fries and Carrots (G, 2, 3, 7, 15)	Pasta "Bolognese" with Cheese (R, aw, uw, am)	Omelette with Spinach and Hash Browns (V, ae, am)	Fried Breast of Chicken with Rice and Broccoli (G)	Pasta "Asian style" with Carrots, Leek and Broccoli (V, aw, uw, ay)
B Around the world	Beans-Potato-Curry with Basmati rice (V)	Hash Browns filled with cheese with Ratatouille (V, am)	Stewed Beef with Basmati rice and Beans (R)	Potato soufflé with fresh Vegetables (V, am)	Coal fish with Potatoes and Ratatouille (F, af)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season
Week from March 16th till March 20th					
A Kids Favourite Meal	Staff Training Day No School	Leg of Chicken with French fries and Peas	Pasta with Tomato sauce and Cheese (V, aw, uw, am)	Cevapcici with Basmati rice and Carrots and Peas (R, aw, uw, ae, bm)	Pizza with Tomatoes and Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am)
B Around the world	Staff Training Day No School	Ravioli with Herb-Cheese-Sauce (V, aw, uw, ae, am)	Chicken Masala with Basmati rice and Broccoli am)	"Schupfnudeln" with Mushrooms, Carrots and Beans (V, aw, uw, ae)	Goulasch of Beef with Potatoes and mixed Vegetables
Salad		Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert		Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season
Week from March 23rd till March 27th					
A Kids Favourite Meal	Chicken Nuggets with sweet Corn and French fries (G, aw, uw)	Penne "Bolognese" with Cheese (R, aw, uw, am)	Pancake with Cinnamon, Sugar and Applesauce (V, aw, uw, ae, am)	Breast of Chicken with Gravy Rice and Broccoli (G)	Spaghetti with Spinach sauce and Cheese (V, aw, uw, am)
B Around the world	"Chili sin Carne" Kidney Beans with Sweet Corn (V)	"Hirten Tasche" with Cheese, Bulgur and mediterranean Vegetabl (V, aw, uw, am, ae)	Gyros of Chicken with Tzatziki, Rice und Sweet Corn and Peas (G, aw, uw, am)	"Frankfurter Grüne Soße" with boiled Egg and Potatoes (V, ae, am, bm)	Plaice in Batter with Lemon, Potatoes and Cauliflower (F, aw, uw, gb, af)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

Additives: 1 - with colours, 2 - with preservatives, 3 - with antioxidants, 4 - with flavour enhancers, 5 - with sweeteners, 7 - with phosphate, 8 - waxed, 15 - with nitrite salting mix;
Allergens: aw - contains cereals containing gluten*, uw - contains wheat*, nr - contains rye*, gb - contains barley*, go - contains oat*, gs - contains spelt*, gk - contains kamut*, ax - contains other gluten containing grain*, ac - contains crustaceans*, ae - contains eggs*, af - contains fish*, ap - contains peanuts*, ay - contains soybeans*, am - contains milk*, an - contains nuts*, sa - contains almond*, sh - contains hazelnut*, sw - contains walnut*, sc - contains cashew*, sp - contains pecan nut*, sr - contains brazil nut*, st - contains pistachio*, sm - contains macadamia nut*, sq - contains queensland nut*, bc - contains celery*, bm - contains mustard*, as - contains sesame*, au - contains sulphur

Order Form

Family Name : _____
 First Name : _____
 Class : _____
 Street / House number : _____
 Zip Code / Town : _____

Monday	Tuesday	Wednesday	Thursday	Friday	Menu	Week 1
					Menu A	
					Menu B	

Monday	Tuesday	Wednesday	Thursday	Friday	Menu	Week 1
					Menu A	
					Menu B	

Monday	Tuesday	Wednesday	Thursday	Friday	Menu	Week 1
X					Menu A	
X					Menu B	

Monday	Tuesday	Wednesday	Thursday	Friday	Menu	Week 1
					Menu A	
					Menu B	

Please hand in to Kiosk
 Vielfaltmenü c/o ISF

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