

Daily Fresh Fruits and Vegetables !!

Menu plan from June 1st June 26th

Fresh Cooking on site !!



VielfaltMenü

Order Form

Family Name :

First Name :

Class :

Street / House number :

Zip Code / Town :

Menu/Day	Monday	Tuesday	Wednesday	Thursday	Friday
Week from June 1st till June 5th					
A Kids Favourite Meal	Boiled Sausage of Poultry with French fries and Sweet Corn (G, 2, 3, 15)	Pancake with Cinnamon, Sugar and Applesauce (V, aw, uw, ae, am)	Cevapcici with Basmati rice Carrots and Peas (R, aw, uw, ae, bm)	Corpus Christi No School	Pasta with Tomato sauce and Cheese (V, aw, uw, am)
B Around the world	Fried Gnocchi with Vegetables (V, aw, uw, ae)	Breast of Chicken Potatoes and Broccoli (G, aw, uw, am)	"Chili sin Carne" Kidney Beans with Sweet Corn (V)	Corpus Christi No School	Fishfilet Francais with Basmati rice and Broccoli (F, 1, aw, uw, af)
Salad	Salad of the season	Salad of the season	Salad of the season		Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season		Fruits of the season

Monday	Tuesday	Wednesday	Thursday	Friday		
			X		Menu A	Week 1
			X		Menu B	

Week from June 8th till June 12th					
A Kids Favourite Meal	Sausage of Poultry with French fries and Carrots (G, 2, 3, 15)	Mini-Spring roll with fried Rice, Peas and Sweet Corn (V, aw, uw, ae)	Pasta "Bolognese" with Cheese (R, aw, uw, am)	"Arroz con Pollo" Chicken with Rice bell Pepper and Peas (G)	Fish fingers with mashed Potatoes and Peas (F, aw, uw, am, af)
B Around the world	Ravioli with Herb-Cheese-Sauce (V, aw, uw, ae, am)	Stewed Pork "Züricher Art" with Penne and Carrots (S, aw, uw, am)	Cauliflower Curry with Potatoes and Basmati rice (V)	Hash browns topped with Tomato and Mozzarella (V, am)	"Maultaschen" German Ravioli with Beans, Tomatoes bell Pepper and Carrots (V, aw, uw, ae, bc)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

Monday	Tuesday	Wednesday	Thursday	Friday		
					Menu A	Week 1
					Menu B	

Week from June 15th till June 19th					
A Kids Favourite Meal	Chicken Crossies with Sweet Corn and French fries (G, aw, uw)	Penne "Napoli" with Basil-Tomato-Sauce and Cheese (V, aw, uw, am)	Breast of Chicken with mediterranean Potatoes and mixed Vegetables	Stewed Chicken with Basmati Rice and Peas (G)	Omelette with Spinach and Hash browns (V, ae, am)
B Around the world	"Schupfnudeln" with Mushrooms, Carrots and Beans (V, aw, uw, ae)	Stewed Beef with Rice and Beans (R)	"Chana" Chick Peas with Tomatoes and Basmati rice (V)	Tortellini with Tomato-Basil-Sauce (V, aw, uw, ae, am)	Coal fish with Basmati rice and Ratatouille (F, af)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

Monday	Tuesday	Wednesday	Thursday	Friday		
					Menu A	Week 1
					Menu B	

Week from June 22nd till June 26th					
A Kids Favourite Meal	Mini Meat balls of Beef with Rice and Carrots and Peas (R, aw, uw, ae, bm)	Spaghetti with Spinach-Sauce and Cheese (V, aw, uw, am)	Escalope of Chicken with French fries Imperial Vegetables (G, aw, uw, gb)	Pasta "Bolognese" with Cheese (R, aw, uw, am)	Last day of school !!
B Around the world	Hash Browns filled with Cheese served with Ratatouille (V, aw, uw, gb, am)	Chicken Masala with Basmati rice and Broccoli (G, am)	"Hirtentasche" with Cheese, Cous Cous and mediterranean Vegetable (V, aw, uw, am, ae)	"Kaiserschmarrn" Stewed Pancake with Applesauce (V, 3, aw, uw, ae, am)	Pizza with Tomatoes and Cheese (V, aw, uw, am)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

Monday	Tuesday	Wednesday	Thursday	Friday		
					Menu A	Week 1
					Menu B	

Additives: 1 - with colours, 2 - with preservatives, 3 - with antioxidants, 4 - with flavour enhancers, 5 - with sweeteners, 7 - with phosphate, 8 - waxed, 15 - with nitrite salting mix;
Allergens: aw - contains cereals containing gluten*, uw - contains wheat*, nr - contains rye*, gb - contains barley*, go - contains oat*, gs - contains spelt*, gk - contains kamut*, ax - contains other gluten containing grain*, ac - contains crustaceans*, ae - contains eggs*, af - contains fish*, ap - contains peanuts*, ay - contains soybeans*, am - contains milk*, an - contains nuts*, sa - contains almond*, sh - contains hazelnut*, sw - contains walnut*, sc - contains cashew*, sp - contains pecan nut*, sr - contains brazil nut*, st - contains pistachio*, sm - contains macadamia nut*, sq - contains queensland nut*, bc - contains celery*, bm - contains mustard*, as - contains sesame*, au - contains sulphur

Please hand in to Kiosk
 Vielfaltmenü c/o ISF
 Straße zur Internationalen Schule 33
 65931 Frankfurt am Main

VielfaltMenü Contact: Steve Völker 069/37568575 | Fax 069/37568576 | Mail isf.3192@vielfaltmenue.com